

Isabelle Downey - Saint Antoninus School - Seton High School – Page 1 of 2

My outlook on life is to spread positivity to those around me. This way of life has affected many of my peers and community in positive ways. I believe small, positive actions can snowball into a chain of kindness. By living life in a positive way, you can impact not only your personal life, but your school life, and home life. If everyone treated others how you want to be treated, this world be a much more positive, upbeat, caring world. By having small, positive impacts on other lives, one may not even realize they could be changing someone else's life for the better!

One example of how something I consider a very small act of kindness has affected others is something as small as a lemonade stand. Growing up, these were a weekly event. However, I would send all the proceeds to non-profit organizations. The largest donation going to the Joe DiMaggio Children's Hospital in Hollywood, Florida. This is the hospital that successfully performed my infant cousins heart transplant. The money we donated to the research department of this hospital could greatly affect some child's life but to me, it was just a fun, Saturday afternoon.

I was an active member of the Saint Antoninus youth ministry. The main purpose of this ministry was to bring us closer to God and to spread positivity to others. Doing small things such as posting small handwritten notes all over school and sending cards to nursing homes were just a couple activities that we participated in. These were nothing big to me but hopefully meant the world to someone else. While I was in Girl Scouts earning the Marion award, we visited Pregnancy Center West. We saw how just a donation of diapers, formula, clothing, or a small toy could help a family out of a dark

time. We also made care packages for homeless woman of Cincinnati. Again, providing something as little as shampoo, a candy bar, and deodorant could completely brighten someone's day that is need.

In conclusion, by starting at such a young age, doing small things for others, and believing that actions do not have to be big to make a huge impact on someone's life, is the way to not only be a decent human being but making this world a better place to live. By living and believing this creed, I will never stop growing as a person and a child of God's love.