

## **Emily Horton - Our Lady of Lourdes - St.Ursula Academy**

“And as you wish what others would do to you, do so to them.” - Luke 6:31. This quote inspires me to always treat others with kindness, compassion, and respect. I strive to treat others how I would like to be treated. I always try my hardest to be the best version of myself. Helping others, or making someone’s day even a little bit better, brings a smile to my face. I feel good that I made a difference in someone’s life, even if it couldn’t last forever. It was really important to me to help the people that have and will continue to inspire me throughout my whole life.

My Aunt Lynn was diagnosed with lung cancer, so she moved in with my grandma so she could be monitored closely and have company. She needed medicine around the clock and sometimes she needed help with basic tasks. I would do the best I could to help everyone as much as possible. I would do the laundry, wash the dishes, and sweep and wash the floors. I would do this so that other people wouldn’t have to take their time away from caring for my Aunt Lynn. She was always laughing and telling jokes. She was the one person in my family who would buy the musical birthday cards and funny puppy calendars. She made me smile, so I wanted to make her smile in return, when I had the chance. I did my best to try to keep her humorous outlook on life present.

This affected me because it made me feel really good to help someone or make their day even the slightest bit easier. I loved to do anything that would give my family

members less things to do. Margaret, one of the home caregivers, has inspired me to want to get into the medical field. She was so selfless, helpful, positive, and sweet.

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She's a great person and I am glad she was there to help. She made me realize that I can have a positive impact on someone's life, even when I am doing simple things. I hope it made my Aunt Lynn happier because she was still able to make me laugh. We always had a prayer circle at night to thank God for all of the blessings and gifts he gave us in our lives. I felt inspired by all the people around me.

I affected other people by giving them less work to do. My grandma could sit down and say a prayer with my Aunt Lynn instead of having to worry about the dishes in the sink or the clothes in the laundry. This would also give Margaret a chance to do her job with only one focus. I think my service brought my family closer and made us more grateful for each other. We could focus on the things that are really important in life. My Aunt Lynn passed away after 9 months of fighting hard to beat cancer. It makes me happy that I was able to help her while I still had the chance. She will always inspire me to be the best person that I can possibly be.